

KIDS IN FOCUS



When parents separate, continued on-going conflict can have damaging consequences for children. This 2 ½ hour seminar provides an opportunity to reflect on your future relationship as parents and develop skills that will help minimise the impact of your separation on your children.

Topics include:

- * reflecting on how we think our children are going
- * stages in the separation process
- * what a high conflict relationship looks like
- * effects of conflict on children's development
- * video showing parent's & children's reactions to separation
- * what children need to minimise impact
- * different styles of parenting
- * alternative ways to communicate
- * ways to minimise conflict for the sake of the children

This seminar is interactive where there will be some input from leaders and some large group discussion.

Who should attend?

Each parent is required to attend this seminar as part of Family Dispute Resolution. Separated parents attend different sessions

Seminars are held at:-

Northern Beaches Family Relationship Centre
Level 1, 651 Pittwater Road
Dee Why 2099

Bookings & enquiries:-

For further information please call the Family Relationship Centre on 9981 9799

Date :

Time :